POMPTON REFORMED CHURCH NEWSLETTER



March 2013

59 Hamburg Turnpike
Pompton Lakes, NJ 07442
973 835-0541
prc59@aol.com
www.pomptonreformed.org
prcletter@gmail.com



T.I.S.A.T.A.A.F.L ... A.A.F.B.

Take another half minute to see if you can figure out what the above stands for, before reading the next sentence. Okay...On Sunday, March 17, There Is Such A Thing As A Free Lunch....when Reformed Church General Secretary Tom DeVries leads our worship, as part of our 200th Anniversary Celebration. Tom and his wife, Laura, will join us for the morning including an informal luncheon to which all are invited (but advance sign-up is necessary). Tom and Laura will speak about the work of our denomination, respond to questions, and provide opportunities for any who might feel led to contribute to various ministries of the RCA. By the way, General Secretary is the highest position. Tom is a gifted servant and preacher, speaking around the world, so it is a gift to have he and Laura join us.

As we have been doing each Sunday during Lent, we will offer the Lord's Supper that day, over which Tom will preside. It is also the morning for our Healing Service, so the DeVrieses will be able to witness this important facet of PRC's ministry. All in all a special morning...so sign-up, if you've not already done so.

As for the second portion of the letters at top of the page. There is such a thing as a free lunch...<u>And A Free Book</u>. "*Pilgrimage to Prayer*" is the latest writing from Dr. William Brownson, former president of Words of Hope, and author of numerous books, many on the subject of prayer. Mary and I read "*Pilgrimage to Prayer*" when it was released last fall - a deeply moving portrait of a man whose entire life has been underscored with prayer, through struggle and heartbreak. Our own prayer life has been enriched by this book. Imagine the impact if dozens of PRC members were to incorporate the principles and practices of this book. If you would like a copy, look for the sign-up page near the kitchen....or simply let Mary or me know. It will be a privilege for us to make a contribution to Words of Hope, and order as many books as PRC members request. Say the word, and it shall be in your hands before Easter.

Speaking of Easter...it comes early this year. You'll hear of the events of Lent and Holy Week, as our "Facing the Cross" message series continues. Enjoy the journey, enjoy the luncheon, enjoy the book. Continue growing in the Lord.

Serving our Savior together,

Pastor Tom Bartha



It is only Good News when we share the way of life that Jesus taught us. Here is a news story from Texas about what it is to live the Good News that God has come to the orphans and widows and those in prison.—Submitted by Pastor Debbie

There was an unusual high school football game played in Grapevine, Texas. The game was between Grapevine Faith Academy and the Gainesville State School. Faith is a Christian school and Gainesville State School is located within a maximum security correction facility.

Gainesville State School has 14 players. They play every game on the road. Their record was 0-8. They've only scored twice. Their 14 players are teenagers who have been convicted of crimes ranging from drugs to assault to robbery. Most had families who had disowned them. They wore outdated, used shoulder pads and helmets. Faith Academy was 7-2. They had 70 players, 11 coaches, and the latest equipment.

Chris Hogan, the head coach at Faith Academy, knew the Gainesville team would have no fans and it would be no contest, so he thought, "What if half of our fans and half of our cheerleaders, for one night only, cheered for the other team?" He sent out an email to the faithful asking them to do just that. "Here's the message I want you to send," Hogan wrote... 'You're just as valuable as any other person on the planet.'

Some folks were confused and thought he was nuts. One player said, "Coach, why are we doing this?" Hogan said, "Imagine you don't have a home life, no one to love you, no one pulling for you. Imagine that everyone pretty much had given up on you. Now, imagine what it would feel like and mean to you for hundreds of people to suddenly believe in you."

The idea took root. On the night of the game, imagine the surprise of those 14 players when they took the field and there was a banner the cheerleaders had made for them to crash through. The visitors' stands were full. The cheerleaders were leading cheers for them. The fans were calling them by their names. Isaiah, the quarterback-middle linebacker said, "I never in my life thought I would hear parents cheering to tackle and hit their kid. Most of the time, when we come out, people are afraid of us. You can see it in their eyes, but these people are yelling for us. They knew our names."

Faith won the game, and after the game the teams gathered at the 50-yard line to pray. That's when Isaiah, the teenage convict-quarterback surprised everybody and asked if he could pray. He prayed, "Lord, I don't know what just happened so I don't know how or who to say thank you to, but I never knew there were so many people in the world who cared about us." On the way back to the bus, under guard, each one of the players was handed a burger, fries, a coke, candy, a Bible, and an encouraging letter from the players from Faith Academy.

What an incredible act of Christian witness and kindness and goodness that was. Proverbs 11:17 says, "Your own soul is nourished when you are kind." Proverbs 3:27 says, "Do not withhold good when it is in your power to act."

PRC YOUTH GROUP UPDATE

Mark your calendars to come support our PRC Youth who will be hosting a pasta fundraiser in the Fellowship Hall after church on Sunday, April 21st. All funds raised will go towards this summer's youth mission trip, which will be to Rochester, New York.



Watch for details about the pasta event in upcoming bulletins.

Also, the HS Youth will be selling a variety of Gertrude Hawk chocolate bars for a \$1 donation after services in Fellowship Hall.

Proceeds will also support the 2013 Summer mission trip.



Fellowship

Happenings for 2013



As we 'March' into Spring flip the second page of the calendar and mark yours for the following events. More events and activities will be included with even more details and time moves on! We look forward to a fun and fulfilling 2013!

March 24 - Soup Luncheon - The Fellowship Committee asks its Church Family to bring in its favorite soup to share immediately following the Service.

May 21 - Adult Dinner (see info below) Money due on May 14.

September 15 - Church Picnic

October 5 - Bus Trip to Sight and Sound to see "Noah."

October 19 - There's 229 days until Autumnfest!

December 11 - Senior Luncheon.



Annual Adult Dinner

The Fellowship Committee will once again be sponsoring the Eighth Annual Church Adult Dinner on May 21st at Stefano's Restaurant, on Rt. 23 south, in Pompton Plains, next to the Goodwill Store at 6:30 pm. This is a different place than in previous years. The cost will once again be \$30 per person. The menu includes: Garden Salad, Cold Antipasto, Penne with Vodka Sauce, Chicken, Fish or Eggplant entree, Dessert, Coffee and Tea. This is a BYOB restaurant. You will find the Menu and Sign-Up Sheet on the Fellowship Bulletin Board. Make out the check to 'Cash' or Jo-Ann Sisco. The money and head count is due to Jo-Ann by May 14. This is a wonderful way to enjoy delicious food and great fellowship with your Church Family. We are hoping to see you all there!

Family Promise Update

Come join us to observe a local congregation as they participate in Family Promise. We will have the opportunity to see how different congregations work together to help families move from homeless to having a home of their own. What we see and experience will guide us as we seek God's will for this ministry and PRC. Please hold this process in your prayers as we discern God's leading. The following dates are scheduled, please attend any and all that you would like. Contact Elyse Kascik to find out more and sign up to visit, 973 699-8049:

March 8th - United Methodist – Ridgewood March 22nd - Good Shepherd Church – Glen Rock March 30rd - Stanley Congregations – Chatham



We have several members who are in need of occasional transportation assistance, including Sunday transport to and from church for one Pompton Lakes resident. If you are able to assist from time to time, please notify Pastor Tom or Debbie.

You then, my child, be strong in the grace that is in Christ Jesus; and what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well. **2 Timothy 2:1–2**

Dear Family & Friends,

One of the ministries to which we have been called to here in Cambodia is a partnership with the Phnom Penh Bible School (PPBS), to invest in the future of the Church in Cambodia by passing on to faithful men and women what we have received. One of the ways we do this is by building up the next generation of leaders.



Here are some photos to help you as you pray for the Phnom Penh Bible School and its ministry. Left, students meet with SIL staff to learn more about their work and more about the various people groups of Cambodia. SIL is an organization committed to serving language communities worldwide as they build capacity for sustainable language development through research, translation, training and materials development. The man standing in the middle is a SIL research assistant from the Bunong people group, and

the first time ethnic minority that any of the students had ever personally met. Attached to this message is also an audio clip of the Bunong language Bible. Below right, students take part in an exercise to think about how Jesus came to dwell or 'tent' among us, and reflect about the importance of building relationships and living among others for effective cross-cultural mission.

Recently Deb has begun meeting with leaders of the school to encourage, support, coach, and facilitate their skill development. Another way is through Mark's involvement with the students. This semester he is teaching Cross-cultural Mission. The goal of the course is to help inform and motivate students and their churches to understand and participate in God's mission to all peoples, and His command to follow Jesus in that mission by the power of the Holy Spirit.

Over the course of the semester, students learn about the biblical foundations for mission to all peoples, historical highlights of global mission, the basics of culture and communication, and key principles and approaches to cross-cultural mission.



Please pray:

- •for the **PPBS leadership** as they work with the government to renew the school's registration;
- •for the **students**, that they would be faithful to their call and pass on to others what they have received;
- •that our resolve to study the **Cambodian language** would remain strong so that we can communicate clearly and deepen our relationships;
- •for **Zachary**, to continue to develop healthy & deep relationships, that he will be able to focus well on his studies and do his best at school, and that we as his parents will shepherd him well;
- •for **Deb** as she went back in for **surgery on February 10** to remove the plate and screws on her collarbone that were put in after her accident last year and for **Mark** to regain good and lasting health.

Yours in Christ, -Mark, Deb, & Zach



In Honor of **Designation** From

Friends and loved ones Eleanor Haling Undesignated

From In Memory of Designation Dan Dutches Ruth Zintel Undesignated David & Janet Hackbarth John Roon **Building Improvement Building Improvement** David & Janet Hackbarth Beatrice Carlsson Joan Berk Pauline Berk Undesignated Cas & Jean Stark George Dykstra **Endowment** David Hackbarth George Dykstra **Building Fund** Bruce & Susan Davis George Dykstra Youth Fund Chuck & Helen Gioia George Dykstra Deacon's Fund Dot Ploch George Dykstra Scholarship Nancy Shimmel George Dykstra Scholarship Jean Van Broekhoven George Dykstra Scholarship John & Nancy Nelson George Dykstra Undesignated Evan & Geneva Maletsky George Dykstra Undesignated Undesignated Betty & Jo-Ann Sisco George Dykstra Kevin & Lorna Carroll George Dykstra Undesignated Wilma McKechnie George Dykstra Undesignated James & Sandra Purdom George Dykstra Undesignated Raymond & Patricia Williamson George Dykstra Undesignated George Dykstra Elizabeth Artsma Undesignated Richard & Marion Fairbanks George Dykstra Undesignated Jill & Bob Brown George Dykstra Undesignated

Gifts were received from the Estate of Ethel Henry and Dorothy Hirmke designated Endowment Fund.

George Dykstra



Tenafly High School Sunshine Club

Don Burke Meredith Davis Chelsey Galdi Dot Ploch Alec McKechnie

Michelle Galdi Scott Galdi

Undesignated



WHAT IS YOUR LENTEN RHYTHM?

A recent article about Lent contained the following quote from Richard Chartres, Bishop of London, "Lent can be a time for reducing some of the chronic over-stimulation which is so much a part of modern living." Now that is an attention-getter. Everyday life is so full of activity, planning and producing that it seems difficult to imagine it could be otherwise.

Matthew 4:1 says, "Then was Jesus led up of the Spirit into the wilderness." Jesus' life reveals a pattern seen frequently in Scripture: exaltation, followed by withdrawal and testing, which in turn equips Christ for His public work. This rhythm has been built into the life of the Church. Lent, which begins on Ash Wednesday, opens the door on a period of spring cleansing in preparation for Easter. What kind of preparation is appropriate for Lent, or should we just write it off as incompatible with our busy lifestyles?

Jesus was 'led into the wilderness' which is indeed a place for confronting oneself in depth. Lent in the desert is not possible for many (although a pilgrimage is not a bad thing). Even at home, Lent can be a time for reducing some of the chronic over-stimulation and finding ways to change the way of responding to the pressures that are inevitable. Perhaps it is the time to live more simply in order to, as one author suggests, "tighten up the drumskin, so that God's drumbeat can be heard more clearly." One way to enhance the rhythm is to engage in meditation. There are different types of meditation; one of which is mindfulness meditation.

Although all types share certain traits, such as taking a comfortable position, focusing attention and ignoring distractions, the practice of mindfulness has provided exceptional benefit in decreasing stress, unhooking from the steady stream of technological interruptions and recognizing that being great at multi-tasking isn't necessarily the ultimate goal. It can be an integral Lenten practice in encouraging the rhythm of withdrawing and equipping the mind to be more present.

To begin mindfulness meditation, try these steps:

- 1. STATE YOUR PURPOSE. Ask yourself why you want to do this.
- MAKE A COMMITMENT, even a small one. Decide to give over 20 minutes each day during Lent to practicing.
- 3. TRAIN YOUR MIND. Each day you will be training your mind to pay attention in an accepting way. Start with your body and breath as an anchor in the moment. When the mind wanders off, gently note where it went and come back to breath and body. Be present with your breathing and focus on "breathing in, breathing out" -- that's all there is.
- 4. EXTEND YOUR MINDFUL ACTIONS. Once you have established a comfort level with concentrating on body and breath, bring mindfulness into daily life. Take time to appreciate the experience of simple actions and tasks, i.e. eating a meal, taking a walk, doing the dishes.
- MOVE FROM MINDFULNESS MEDITATION TO COMMUNING WITH GOD. Spending time and focus
 in the present allows the mind to be clear of distraction, a perfect way to segue into prayer and or
 devotional reading.

Lenten practices vary but have a common goal -- to prepare for the Passion and death of Christ and ultimately the Resurrection. In choosing a personal way to use Lent, consider decreasing reading so many newspapers, hearing so much, watching so much, consuming so much and giving mindfulness meditation a try. The elimination of the chaos may provide a clearer capacity to hear the "still small voice".



Knitters and Crochters News

The Tuesday Knitters and Crocheters have been very busy. In addition to the lap blankets we have been making for residents at the Christian Healthcare

Center, we are now creating baby blankets for Chilton Hospital. We have been blessed with lots of yarn that was donated through the efforts of Doug Struyk. We are an informal group which meets on Tuesday afternoons at 1:30. We welcome any knitter or crocheter, regardless of church affiliation. Come join us for an afternoon of fellowship and laughter.

In the Garden with Jesus & Neil

By Elaine Peacock

I love the hymn "In the Garden" to me it says 'Lent' and brings to life the scripture of passages of Jesus praying in the garden the night before his crucifixion; but what you don't know is how I was introduced to this hymn and why it is so special to me. Actually, it started about 50 years ago when I was part of the ministry at Preakness Hospital Unit #2, aka Valley View, along with Russ & Ruth Reichert and other assorted PRC regulars. We would go on the first Sunday afternoon of every month and have a short service for the patients. All our "regulars" would come, including Neil, a young man barely out of his 30s, who had cerebral palsy. Neil would twist and jerk in his wheelchair but he had a heart and spirit for Jesus. His grandfather had opened Neil's world to Jesus. He taught Neil hymns, taught him to read scripture and let him know that in spite of his illness, Jesus loved him so. After Neil's grandfather passed away, Neil was sent to Valley View, one can only imagine how this would be for a young disabled person to be thrust among elderly patients, in different degrees of deterioration, but Neil was an inspiration to them. He spoke to them about Jesus, read his bible and sang. Neil would always end our service with his favorite hymn "In the Garden." Russ would hold the book for him and sometimes he would be able to sing all three verses, other times, his shortness

of breath would only allow him to do one verse. Every time I hear this hymn, I can close my eyes and see Neil twisting in his chair but I also hear his beautiful voice; the voice of an angel with a personality to match. That little band of PRC regulars may have gone to minister to the least of these, but in turn it was them who ministered to us. Happy Easter PRC.

Letter of Thanks

Dear PRC members and friends,

Thank you for all the love and support you've shown me since the passing of my best friend and husband, John. I'm glad I have a church family that is always there for me. John loved his PRC family so much, he missed coming when he was sick. Thank you to all who send cards, gave donations and helped with the repast luncheon and John's memorial service. You are all gifts from God! In Christ's love,

Roben Roon

I am your church disabilities advocate. This article is from the "Breaking Barriers" newsletter and written by editor Terry DeYoung and edited for content. Terry asked me to do the article since I lived with a person with a disability. As the title says, John and I went through his disability a day at a time.

~Roben Roon

A Day at a Time

When Roben and John Roon were married nearly 30 years ago, neither had an inkling how their life together would begin to change with the early stages of John's Parkinson's disease a little more than a decade later.

A Vietnam veteran who went on to become a quality-control specialist, John has served his church as a deacon, sound technician and Bible study leader, among other things, but it had been months since he had been to PRC prior to his death in December. A bout of depression and surgery in October for spinal stenosis had kept him away, but church had always remained central to his life and continues to be for Roben.

John appreciated the visits from the pastors and elders, but really missed the men's Bible study group, Roben said. The church had also been a big help to Roben, who took John's disability "a day at a time" and didn't dwell on the future. She said she knew his condition would be getting progressively worse and John would remind her of things that she would need to take care of in the future.

Besides urging churches to provide accommodations for those with mobility impairments, Roben encourages others to speak directly to the person with a disability and to make the effort to visit when one is not able to get to church. She said the visits were helpful because the visitors would notice changes in John that she hadn't. She also encourages people to try to understand the specific disability of the person being visited. Someone with Parkinson's, for example, may need more time to respond due to speech delays.

Editor's note: This article was published a few days after John's untimely death on December 12. 'Disability Concerns' ministries is a combined effort of the Christian Reformed Church in North America and the Reformed Church in America. 'Breaking Barriers' is published quarterly by CRC Disability Concerns and by RCA Disability Concerns. For more info, go to www.crcna.org/disability or www.rca.org/disability.

During this Lenten Season, if you have any sin or confession or anything you wish to offer to Jesus, there are slips of paper by the Cross at the front of the Sanctuary. These will not be read, but prayed over during Lent. On Holy Saturday, they will be prayed over one final time by our elders and burned as a symbol and reminder to us that Jesus takes away the sins of the world.

Consistory Roundtable of Thanks! (from February's Consistory)

-- Thanks to Helen Gioia, for her many years (since 2004) of faithfully recording weekly worship attendance, and making note of the presence of any quests of visitors.



As has been explained, we are no longer recording weekly attendance, but there are visitor cards in the pew racks, along with the prayer request cards. If you notice a new face, please know how important a warm greeting can be. We all play a part of helping guests feel welcomed.



Are you interested in forming a Task Force to explore the possibilities for video and retractable screen for use in our sanctuary? Notify temporary Worship Committee co-chairs Pastor Tom or Debbie of your interest.

Autumnfest Update



Once again we are in the planning stages for Autumnfest.

While it will be very hard to beat last year's Autumnfest, we are going to try with the help and support of our wonderful Church Family. We will again be asking for donations. Of course, we need many volunteers to be on the committees and to work that dav.

This year we are asking groups to work together to create a six baskets for the give-aways. You will choose your own theme for your basket (check with the committee to ensure there are no duplicate baskets), donate the items and put the basket together.

If you would like to be a Vendor or Crafter, contact Jo-Ann Sisco for a contract. Tables will once again be \$20. If you want an inside spot please send in the contract and money as soon as possible. The inside spots go quickly. Please see the next page for the vendor contract.

If you have any ideas or suggestions for Autumnfest, please talk with any Fellowship Member. Keep an eye out for upcoming meetings starting in May. Thank you all in advance for your participation and prayers. With your help, and God's Blessings, we can make Autumnfest 2013 bigger and better than last year! May God Bless You All!

~ Your Autumnfest Committee



AUTUMNFEST/CRAFT FAIR

Sponsored by
Pompton Reformed Church
59 Hamburg Turnpike, Pompton Lakes, NJ 07442
October 19, 2013

10:00 am - 4:00 pm

Thank you for expressing an interest in being a crafter/vendor at Autumnfest 2013. The 3rd Saturday in October will be here soon...plans are being finalized for our Autumnfest/Craft Fair. Please read the guidelines below and submit your contract and payment as soon as possible. Space is limited so sign up early!

- Registration will begin upon our receipt of the completed application and payment of fees. Spaces will be assigned on a first-come, first-serve basis. Applications must be received by **Saturday**, **September 14**.
- Fee is \$20.00 for a 6' by 8' space in Fellowship Hall. You must bring your own table.
- Payment checks or money orders made out to: Pompton Reformed Church
- Cancellations will be accepted until Friday, October 4th.
- No refunds will be given after October 4th and/or in the event of rain. There is NO raindate.
- Indoor spaces and electricity are limited. Outdoor spaces on the lawn—you will be responsible to provide your own tent/pop-up covering and table. Space will be unrestricted and no electricity is available.
- Crafters/Vendors <u>must</u> provide their own tables. There will be <u>no</u> provisions made to have tables available to any Vendor/Crafter the day of the Autumnfest! Two chairs will be provided per table.
- Please do not infringe on your neighbor's space. Every effort will be made to accommodate every vendor's need.
- There will be limited electricity; please note need for this on application.
- No loud machinery, music or loudspeakers allowed.
- Crafters/Vendors must be available at their tables at all times.
- The church will not be responsible for any thefts or damage to your property.
- You must be responsible for collecting your own taxes.
- Set-up will begin at 8:00 AM. Crafters/Vendors agree to stay until the closing time of 4:00 pm unless you sell out. "Coffee and" for vendors will be available during setup.
- Lunch and beverages will be available for purchase or you may bring your own.
- There will be no admission charge to the public.
- Autumnfest will be publicized in all local newspapers, Channel 77, flyers in schools and around town, WGHT as well
 as signage on Library sign and Church property.

*****	**********	cut Along Line and Retur	n as Noted:
_akes, New	Return to: Jo-Ann Sisco Jersey 07442.	o PRC Autumnfest Craft	Committee Coordinator, 23 Durham Street Pompton
Name			
Address			Phone #
Detailed De	escription of Craft/Vendor Md	se	
Electricity	Yes or No (circle one)	Indoor	Outdoor on Lawn
Crafter/Ver	ndor Signature:		

MISSION & OUTREACH PRAYER CALENDER MARCH 2013

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Feb 2013						<u>Apr 2013</u>	
					Words of Hope Safety for staff & volunteers involved in the new radio station in Albania, Kosovo	Jared Cave Ability to help students process & apply their learning from Jubilee	
3	4	5	6	7	8	9	
Andrea Linder Mephibosheth in Ghana Strength to deal with her father's Alzheimer's & her 7-year -ld son's learning disabilities	Mark & Deb Wilson in Cambodia Phnom Penh Bible School & leadership as they work to renew the school's registration	New Brunswick Theological Seminary Field Education Day for Seminarians	Family Promise Planning meeting @ PRC Fund raising efforts	Bessie Green Community Daily Luncheon ministry	Saturday School Students growing into a deeper knowledge of Jesus	Quilting Ministry Ability to provide for those requesting quilts as the ministry grows	
10	11	12	13	14	15	16	
Grains of Hope Food packing event at Pequannock Valley Middle School.	Christian Health Care Center Adult Day Care Services	Hope College Building Development	Mission & Outreach Team Meeting Opportunities to build relationships with ministries we support	Bruce & Laurie Hawley Safety & health while working in Stumpy Point, NC Building relationships while rebuilding homes	Warwick Center Winter Blast Camp	Kist-Okazakis in Japan Strength & discernment for family	
17	18	19	20	21	22	23	
Food Pantry Developing relationships with those who use our pantry	Central College InterVarsity Christian Fellowship	AA Meeting Endurance	Consistory Meeting Open hearts & minds to the ministry of Family Promise	Holland Christian Home Volunteer Staff	Urban Promise Students at CamdenForward School	Western Theological Seminary Seminary Faculty	
24	25	26	27	28	29	30	
Reformed Church World Service People who are rebuilding homes & lives. Volunteers helping after with recover after Sandy	Doug Leonard in Oman The AI Amana Center – building bridges between Christians & Muslims	Angel Food Opportunities to share the love of Christ	Family Promise Additional Host Sites	Mosaic Ministry Additional volunteers to connect with folks in the community	Northwestern College Adult undergraduate programs	Gospel Mission of South America Couto's & Youth Winter Camp	
31	Notes:						
Reformed Church Home Those living in assisted living apartments							



Apple Juice
donations are needed for after
worship service. Please drop them
off in the kitchen.
Thanks!



1st Wed., March 6: 6:30 pm Operations Committee

7:30 pm Worship Committee

2nd Sat., March 9: Quilting Ministry

2nd Sun., March 10: 11:30 am Youth Team 2nd Mon., March 11: 7 pm Finance Committee 2nd Wed., March 13: 7:30 pm Missions Team

3rd Mon., March 18: 7:15 pm Christian Education Committee

3rd Wed., March 20: 7:00 pm Consistory

4th Wed., March 27: 7:30 pm Fellowship Committee Every Tuesday: 1:30 pm Knitters & Crocheters

~Bell Choir meets on Tues. evenings and/or Sundays. See Janine for details~



Pasta sauce, canned fruit, mac & cheese, Parmalat milk, peanut butter, jelly, detergent, shampoo, conditioner, deodorant, toothpaste, toothbrushes, mouthwash and soap bars. Low-fat, low-sodium products are always accepted.

Thank you for supporting this important mission needed by so many!



The Deadline for *Newsletter Articles* is the <u>last Sunday</u> of the month. Please send submissions to <u>prcletter@gmail.com</u> or feel free to drop it in the mail slot in the church office!

The deadline for April's newsletter is EASTER Sunday, March 81, 2018.